

For those of you who wish to participate in the annual free-throw program, the **Regional Meeting (Paterson Diocese)** will be held as follows:

**Sunday, March 7, 2010 at St Virgil's in Morris Plains.**

There will be a staggered shooting schedule as follows:

Age 10 registration at 1:45 shoot at 2:00

Age 11 registration at 2:35 shoot at 2:50

Age 12 registration at 3:25 shoot at 3:40

Age 13 registration at 4:15 shoot at 4:30

Age 14 registration at 4:55 shoot at 5:10